

At **BBVS** our aim is to help you understand why your pet is exhibiting a certain behaviour and to address the problem using humane and scientifically proven treatment methods.

There is *always* a 'reason' for behaviour even if it is not necessarily obvious to us or appears maladaptive for the animal.

Therefore the best treatment for unwanted behaviour requires working out the 'reason' and the underlying emotion involved; by working on these we can ultimately affect how an animal responds in a given situation.

How an animal behaves is influenced by its genetics, early life experiences and current living environment. These components interact in a way that is unique to that particular animal. Because of this complexity, understanding the *cause* of a problem can require some 'detective work'.

To assist us with this we require that you complete and return this questionnaire at least ONE week prior to your consultation.

We also ask that you send, or get your regular veterinarian to directly send, a **copy of your pets' medical history**. Ideally this will include a recent (within 2 months) physical examination and blood/urine test results.

If blood/urinalysis results are not available prior to the consultation and medications are prescribed, we will advise you return to your regular veterinarian for the tests which may delay treatment.

Please answer as comprehensively as possible. Completing this questionnaire should ideally involve all of the pets caregivers (interestingly we often see that family members can have a very different perception of what is happening!).

If you have any questions regarding the questionnaire please do not hesitate to contact us either by email or phone.

We look forward to working with you.

Kind regards;

Dr Emma



Cat Questionnaire

Patients name:	
Date:	
OWNER DETAIL	LS:
Title:	
Surname:	
First name:	
Address:	
Phone number,	/s:
Email:	
Who is your reg	gular veterinarian?
Contact details:	:
What is the bes	st way to contact you?
Home phone Mobile Email Other	





How many anin	nals did you hav	ve to choos	se from?			
Why did you ch	oose this cat ov	ver the oth	ers?			
Describe your c	at's behaviour a	as a kitten:				
Please describe	your cat's beha	aviour in ge	eneral now:			
Do you have an	y news about li	ittermate b	ehaviour? (P	lease descri	be)	
Did you meet y	our cat's parent	ts?				
Mother:	□ Yes	□ No	Father:		□ Yes	□ No
If Y please desc	ribe their behav	viour:				
Has this cat had If Y how many?	•	?	□Yes	□No		
M/hy was this of	a+ aivon un?					



HOME ENVIRONMENT:

Please list ALL the people, including yourself, living in your household:

Name	Relationship to owner	Occupation	Hours away from home/day	Age
	SELF			
		_		_

Who else has regular contact with the cat? E.g. Dog-walker, extended family, neighbours.

Please list ALL of the animals in your household:

	Name	Species E.g. dog, cat, bird.	Breed	Male/Female	Desexed Y or N	Age
1						
2						
3						
4						
5						
6						
7						
8						

In what order where the animals obtained? E.g. 2, 4, 1, 3....

What is your cat's relationship to the other animals? (E.g. friendly, hostile, fearful) Please describe:



How would you describe **your** relationship with your cat?

Do other human members of your family have a similar relationship to the cat? Please describe:
Do you have any physical ailment(s) that influences your ability to interact with your cat?
What type of area do you live in?
□ Rural □ Suburbs □ Town □ Other
What type of house do you live in?
Have you moved since acquiring your cat? ☐ Yes ☐ No
If Y how many times?
How long since the last move?
How did your cat respond to the move?
Has your household (people or animals) changed since acquiring your cat?
□ Yes □ No
If Y please describe:



Have you owned cats before? ☐ Yes ☐ No
If Y please specify:
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Have you owned other pets before? ☐ Yes ☐ No
If Y please specify:
What happened to them?
MEDICALHISTORY:
What medical problems has your cat had? Please list all and dates if known:
,
Is your cat on any medication <i>now</i> for any medical problems? ☐ Yes ☐ No



If Y please list all medications including dose and frequency, what they are for, and expected completion date:
Is your cat on parasite control? ☐ Yes ☐ N
If Y, what type?
Is your cat on any medications now for behavioural problems? ☐ Yes ☐ No
If Y please list all medications including dose and frequency, what they are for:
Are you giving your cat any herbal treatments/supplements (Rescue Remedy, St John's Wort etc? ☐ Yes ☐ No
If Y please list all medications including dose and frequency, what they are for:
What response has there been to each medication?
Any other medical concerns?
☐ Yes ☐ No If Y please list all medications including dose and frequency, what they are for:



DIET AND FEEDING: Who feeds the cat?			
Where do you feed the cat?			
What do you feed your cat? (Ple	ease be specif	ic, e.g. Brand name	·)
How much do you feed? (Please	e be specific)		
Meal times:	am		pm
Does your cat eat all her/his foo	od at once?	☐ Yes ☐ No	
If not, how long do you leave it	down?		
What is your cat's favorite treat	?		
DAILY SCHEDULE:			
Please describe your cat's daily	routine:		
Midnight			
1am			
2am			



3am		
4am		
5am		
6am		
7am		
8am		
9am		
10am		
11am		
12pm		
1pm		
2pm		
3pm		
4pm		
5pm		
6pm		

7pm



8pm	
9pm	
10pm	
11pm	
Midnight	
Do you play with your cat? ☐ Yes ☐ No	
If Y how?	
What are your cat's favorite toys?	
What other toys does your cat have?	
Does your cat use a cat flap/door? ☐ Yes ☐ No	
What percentage of time does your cat spend indoors a	nd outdoors?
% indoors % outdoors	
During this time is that cat free ranging or in an enclosu	re?
How does your cat behave when you are leaving the ho	use?



How does your cat behave when you return?
If left alone, where is the cat?
Where does your cat sleep at night? (Please be specific, i.e. outside, inside, in your bedroom, or your bed etc.)
On a typical day, how many hours does your cat sleep or rest?
Where is your cat when you have guests?
Why?
How does your cat behave with familiar visitors? (Adults, kids, other animals)?
How does your cat behave with unfamiliar visitors (Adults, kids, other animals)?



How does your cat behave with the veterinarian?
When does your cat 'Meow'?
When does your cat hiss/growl?
How does your cat behave when he sees other cats through the window or in the yard?
ELIMINATION BEHAVIOUR:
Does your cat use a litter tray? ☐ Yes ☐ No Does your cat ever have accidents inside the house? ☐ Yes ☐ No If Y are the accidents urine or faeces?
How many litter trays do you have? Where are they located?
What kind of trays are they? (Open, closed, high sides) What type of litter do you use?
How often do you clean them and how?



Does your cat cover its urine/stools?

SOCIAL BEHAVIOUR:
Does your cat respond to any cues such as sit, come etc.? (Please specify which cues)
Does your cat know any tricks? ☐ Yes ☐ No (Please describe)
Does your cat have a scratching pole or favourite scratching area? ☐ Yes ☐ No (Please describe)
Does your cat groom, lick or bite himself excessively? ☐ Yes ☐ No
What is your cat's activity level in general? ☐ Low ☐ Average ☐ High ☐ Excessive
Any other comments?
PRESENTING PROBLEM(S):
Why are you seeking help/advice?
What has prompted your visit?



What is the main behaviour problem or complaint?
Why is the behaviour a problem?
When did you first notice it?
How frequently does the problem (or problems) occur? (I.e. how many times daily, weekly or monthly):
Has this problem changed in frequency? ☐ Yes ☐ No
If Y please describe?
Has this problem changed in intensity? ☐ Yes ☐ No If Y please describe?

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Does yo	our cat have any other problem b	ehaviours?
		es the (main) problem has occurred. i.e. where it took place, time of day, who was present,
what h	appened etc.	
1.	Most recent incident:	Date:
2.	Second to last incident:	Date:
3.	Third to last incident:	Date:



Any other significant incidents:
What have you done to try to correct the problem/s so far?
How successful has this been?
How do you (and other members of the family) discipline your cat for this or any other problem?
What are your goals for treatment?



WHICH OF THESE STATEMENTS APPLY TO YOU:

I am here only out of curiosity; the problem is not serious; $\ \square$
I would like to change the problem, but it is not serious; \Box
The problem is serious. I would like to change it, but if it remains unchanged that is alright; \Box
The problem is very serious and I would like to change it, but if it remains unchanged I will keep my cat; \Box
The problem is very serious and I would like to change it. If it remains unchanged I will have my cat euthanized or have to give him/her up. \Box
Owner signature:
Date: